## ABSTRACT OF THE DISCLSOURE

A method for determining seat comfort includes the steps of measuring pressure distribution over a seat surface using a pressure sensing system, measuring an actual deformation of the seat surface using a deformation sensing system, and computing a value of seat comfort on the basis of the measured actual deformation of the seat surface and the measured pressure distribution of the seat surface. Apparatus for determining seat comfort includes a pressure sensing system for measuring a pressure distribution on a seat surface, a deformation sensory system for measuring an actual deformation of the seat surface, and an evaluation unit for computing seat comfort from the measured pressure distribution and the measured deformation of the seat surface.